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# LEICESTER CITY HEALTH AND WELLBEING BOARD

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Date: THURSDAY, 28 NOVEMBER 2019

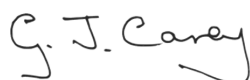
Time: 11:00 am

Location:

MEETING ROOM G.01, GROUND FLOOR, CITY HALL,  
115 CHARLES STREET, LEICESTER, LE1 1FZ

Members of the Board are summoned to attend the above meeting to consider the items of business listed overleaf.

Members of the public and the press are welcome to attend.



For Monitoring Officer

**NOTE:**

This meeting will be webcast live at the following link:-

<http://www.leicester.public-i.tv>

An archive copy of the webcast will normally be available on the Council's website within 48 hours of the meeting taking place at the following link:-

<http://www.leicester.public-i.tv/core/portal/webcasts>



City Mayor

**healthwatch**  
Leicester



Leicestershire  
**Police**  
Protecting our communities

**NHS**  
Leicester City  
Clinical Commissioning Group

**NHS**  
**England**

University Hospitals of Leicester  
NHS Trust

*Caring at its best*



**POLICE & CRIME  
COMMISSIONER**  
for Leicestershire  
Your voice in Leicester,  
Leicestershire & Rutland

Leicestershire Partnership  
NHS Trust

**LEICESTERSHIRE**  
**FIRE and RESCUE SERVICE**  
*protecting our communities*

## **MEMBERS OF THE BOARD**

### **Councillors:**

Councillor Vi Dempster, Assistant City Mayor, Health (Chair)

Councillor Piara Singh Clair, Deputy City Mayor, Culture, Leisure and Sport

Councillor Sarah Russell, Deputy City Mayor, Social Care and Anti-Poverty

Councillor Elly Cutkelvin, Assistant City Mayor, Education and Housing

Councillor Danny Myers, Assistant City Mayor, Policy Delivery and Communications

### **City Council Officers:**

Steven Forbes, Strategic Director of Social Care and Education

Ivan Browne, Director Public Health

2 Vacancies

### **NHS Representatives:**

John Adler, Chief Executive, University Hospitals of Leicester NHS Trust

Professor Azhar Farooqi, Co-Chair, Leicester City Clinical Commissioning Group

Angela Hillery, Chief Executive, Leicestershire Partnership NHS Trust

Sue Lock, Managing Director, Leicester City Clinical Commissioning Group

Dr Avi Prasad, Co-Chair, Leicester City Clinical Commissioning Group

Frances Shattock, Director of Strategic Transformation, NHS England and NHS Improvement

### **Healthwatch / Other Representatives:**

Harsha Kotecha, Chair, Healthwatch Advisory Board, Leicester and Leicestershire

Lord Willy Bach, Leicester, Leicestershire and Rutland Police and Crime Commissioner

Chief Superintendent, Adam Streets, Head of Local Policing Directorate, Leicestershire Police

Andrew Brodie, Assistant Chief Fire Officer, Leicestershire Fire and Rescue Service

Kevan Liles, Chief Executive, Voluntary Action Leicester

Kevin Routledge, Strategic Sports Alliance Group

Mandip Rai, Director, Leicester, Leicestershire Enterprise Partnership

### **STANDING INVITEES: (Non-Voting Board Members)**

Richard Lyne, General Manager, Leicestershire, East Midlands Ambulance Service NHS Trust

Professor Bertha Ochieng – Integrated Health and Social Care, DeMontfort University

Professor Andrew Fry – College Director of Research, Leicester University

# Information for members of the public

## Attending meetings and access to information

You have the right to attend formal meetings such as full Council, committee meetings, City Mayor & Executive Public Briefing and Scrutiny Commissions and see copies of agendas and minutes. On occasion however, meetings may, for reasons set out in law, need to consider some items in private.

Dates of meetings and copies of public agendas and minutes are available on the Council's website at [www.cabinet.leicester.gov.uk](http://www.cabinet.leicester.gov.uk), from the Council's Customer Service Centre or by contacting us using the details below.

## Making meetings accessible to all

Wheelchair access – Public meeting rooms at the City Hall are accessible to wheelchair users. Wheelchair access to City Hall is from the middle entrance door on Charles Street - press the plate on the right hand side of the door to open the door automatically.

Braille/audio tape/translation - If you require this please contact the Democratic Support Officer (production times will depend upon equipment/facility availability).

Induction loops - There are induction loop facilities in City Hall meeting rooms. Please speak to the Democratic Support Officer using the details below.

Filming and Recording the Meeting - The Council is committed to transparency and supports efforts to record and share reports of proceedings of public meetings through a variety of means, including social media. In accordance with government regulations and the Council's policy, persons and press attending any meeting of the Council open to the public (except Licensing Sub Committees and where the public have been formally excluded) are allowed to record and/or report all or part of that meeting. Details of the Council's policy are available at [www.leicester.gov.uk](http://www.leicester.gov.uk) or from Democratic Support.

If you intend to film or make an audio recording of a meeting you are asked to notify the relevant Democratic Support Officer in advance of the meeting to ensure that participants can be notified in advance and consideration given to practicalities such as allocating appropriate space in the public gallery etc.

The aim of the Regulations and of the Council's policy is to encourage public interest and engagement so in recording or reporting on proceedings members of the public are asked:

- ✓ to respect the right of others to view and hear debates without interruption;
- ✓ to ensure that the sound on any device is fully muted and intrusive lighting avoided;
- ✓ where filming, to only focus on those people actively participating in the meeting;
- ✓ where filming, to (via the Chair of the meeting) ensure that those present are aware that they may be filmed and respect any requests to not be filmed.

## Further information

If you have any queries about any of the above or the business to be discussed, please contact Graham Carey, **Democratic Support on (0116) 454 6356 or email [graham.carey@leicester.gov.uk](mailto:graham.carey@leicester.gov.uk)** or call in at City Hall, 115 Charles Street, Leicester, LE1 1FZ.

For Press Enquiries - please phone the **Communications Unit on 454 4151**

# **PUBLIC SESSION**

## **AGENDA**

### **FIRE/EMERGENCY EVACUATION**

**If the emergency alarm sounds, you must evacuate the building immediately by the nearest available fire exit and proceed to area outside the Ramada Encore Hotel on Charles Street as directed by Democratic Services staff. Further instructions will then be given.**

#### **1. APOLOGIES FOR ABSENCE**

#### **2. DECLARATIONS OF INTEREST**

Members are asked to declare any interests they may have in the business to be discussed at the meeting.

#### **3. MINUTES OF THE PREVIOUS MEETING**

**Appendix A  
(Pages 1 - 4)**

The Minutes of the previous meeting of the Board held on 19 September 2019 are attached and the Board is asked to confirm them as a correct record.

#### **4. HEALTHY AGEING**

**Appendix B  
(Pages 5 - 10)**

To note that the theme of the meeting is Healthy Ageing, one of the five themes within the Joint Health and Wellbeing Strategy.

The objectives of the theme are to:-

1. Support older people to have good wellbeing and feel safe in their own homes.
2. Support informal carers to continue to care and improve their health and wellbeing.
3. Support older people to utilise and engage with their local communities.
4. Support older people to manage and protect their health and wellbeing.

The Director of Public Health will give a presentation to introduce the theme.

#### **5. THE CHALLENGES POSED BY MULTI-MORBIDITY AND THE IMPACT OF SOCIAL ISOLATION**

**Appendix C  
(Pages 11 - 26)**

Mark Pierce, Senior Strategy and Implementation Manager, Leicester City Clinical Commissioning Group and Jeremy Bennett, Strategy and Implementation Manager, Leicester City Clinical Commissioning Group to give a presentation on an overview of multi-morbidity in Leicester.

**6. LONELINESS PRESCRIPTION SERVICE**

**Appendix D  
(Pages 27 - 36)**

Troy Young, Assistant Director, Age UK Leicester Shire and Rutland to give a presentation on the Loneliness Prescription Service.

**7. HEALTHY AGEING**

**Appendix E  
(Pages 37 - 48)**

Kate Galoppi, Head of Commissioning, Social Care and Education, Leicester City Council and Ruth Rigby, Programme Lead, Leicester Ageing Together to give a presentation on a 12-month pilot that is taking place in 2 parts of the City using a community connector model, and utilising Social Value to connect isolated or lonely adults to activities and support within their communities.

**8. STEADY STEPS**

**Appendix F  
(Pages 49 - 62)**

Lucy Baginskis (Leicester-Shire & Rutland Sport) to give a presentation on the Steady Steps Programme (Falls Management Exercise) which aims to provide an opportunity for older people at risk of falling to increase their strength and balance and thus reduce their falls risk.

**9. BETTER CARE FUND PLAN 2019-20**

**Appendix G  
(Pages 63 - 96)**

Mark Pierce, Senior Strategy and Implementation Manager, Leicester City Clinical Commission Group and Ruth Lake, Director, Adult Social Care and Safeguarding, Leicester City Council to submit a report on the Better Care Fund Plan 2019-20.

The Plan was required to be submitted between scheduled meetings of the Board, with the approval of the Chair of the Board. A narrative report giving details of the plan which is currently awaiting final government approval is attached.

**Please note** that pages 82-90 have no detail of expenditure in them, but these pages could not be removed as the original document is password protected.

The Board is requested to note the submission of the Plan.

**10. QUESTIONS FROM MEMBERS OF THE PUBLIC**

The Chair to invite questions from members of the public.

## **11. DATES OF FUTURE MEETINGS**

To note that future meetings of the Board will be held on the following dates:-

Thursday 27 February 2020 – 11.00 am

Thursday 30 April 2020 – 11.00 am

Meetings of the Board are scheduled to be held in Meeting Rooms G01 and 2 at City Hall unless stated otherwise on the agenda for the meeting.

## **12. ANY OTHER URGENT BUSINESS**